

Bay Leaf Student Ministry

Ladies Swimsuit Guidelines

We are all called to represent Jesus Christ in what we do and wear as we identify ourselves as followers of the Lord. As women, we are called to be women who ultimately love and obey God and love others in our lives. The Bible speaks specifically of verses that reference modesty in what we wear. We should be careful in what we are wearing so as not be a distraction or a stumbling block to those around us. Here are some guidelines to help young women in the student ministry through the process of finding an appropriate swimsuit.

- Modest tankinis are permitted only if the top and bottom portions overlap as well as when arms are raised up no skin is showing.
- Things to avoid: No monokinis; keyhole cut on tops; mid-riffs being shown; tube tops; strapless; one-shouldered; V-neck; high cut swimsuit bottoms; low-cut tops.
- Any type of swimsuit that shows more skin than material is inappropriate.
- Be sure to consider the exposure on the upper half of your swimsuit and that it's not too revealing.
- The decision regarding the appropriateness of a particular swimsuit is up to the discretion of the adult leaders and ultimately the Student Ministry staff.
- If a swimsuit is deemed inappropriate, the student must wear a long, dark colored t-shirt over the swimsuit.

Not Acceptable



Why?

- The top and bottom of this suit do not overlap
- The top portion of this suit is too low cut.



Why?

- The keyhole on the top is inappropriate
- The top portion of the swimsuit could cause exposure

Acceptable



Why?

- Notice how the top and bottom completely cover even, when this girl's hands are raised.

Why?

- Notice that there is no skin being shown



Found at:

www.rei.com/product/796976



Found at:

www.rei.com/product/796977



Found at:

www.rei.com/product/802565

Where can I find a modest swimsuit?

Have no fear! We've done research for you!

Now you can do what you probably love—SHOP!!!

Here are some websites with swimsuits that can help ☺

www.limericki.com

www.landsend.com

www.llbean.com

www.rei.com

www.speedo.com